

We have three ride groups to suit varying abilities: a club ride, a mid-paced and a fast group. No riders are dropped or left behind on any ride. Our club rides average between 13 to 15mph, depending upon terrain and cover 45 to 50 miles. The mid-paced and fast rides both cover about 50 miles with average speeds of about 15mph and 18mph respectively. The destinations listed are for the mid-paced and fast groups. All rides unless otherwise stated, leave from The Butts, Alton at 09.00. We have a WhatsApp group that keeps riders up to date on our rides. Contact Chris Clarke using the "Contacts" link to be added to the group.

The club ride is a mixture of experienced riders and those who are new to cycling. The aim of the club ride is to promote both the etiquette and the advantages of group riding. During the summer months rides may occasionally be longer than 45 to 50 miles. These are identified by a * and the ride leader can be contacted for route details. Club rides may not always go to the mid / fast group café but there will always be a coffee stop!

There are 20 mile summer evening rides at a slower pace. These start from the Anstey Park Rugby car park (club nights) or the Butts (other Mondays) at 6:30pm and return by 8:00pm. There are also faster Monday evening rides leaving Owen's shop in Four Marks at 6:30pm and finishing by 8:00pm.

Date	Café (10.30-11.00)	Pub (12.30 - 13.00)	Club Ride	Mid-Paced	Fast
Sun 5 May	Isle of Wight Round the Island – go to www.cycleisland.co.uk for more details				
Sun 5 May	Popham Airfield	Royal Oak, Lasham Inkpen (fast)	Annie	Martin	Shaun
Mon 6 May	Summer ride from the Butts, 6:30pm start				
Sun 12 May	Cromwell Coffee House, Cranleigh	Three Horseshoes, Worldham	Caroline (100km ride)	Freja	Guy
Mon 13 May	Summer Club Night ride from Anstey Park, 6:30pm start. Faster riders welcome to “take off” for a quicker ride.				
Sun 19 May	Keydell GC, Horndean	French Horn	Sarah	Patrick	Pete
Mon 20 May	Summer ride from the Butts, 6:30pm start				
Sun 26 May	Overton Coffee Shop	Castle of Comfort, Medstead	Caroline		Matt
Mon 27 May	Summer ride from the Butts, 6:30pm start				

Date	Café (10.30-11.00)	Pub (12.30 - 13.00)	Club Ride	Mid-Paced	Fast
Sun 2 June	Grayshott Pottery	Three Horseshoes, Worldham	Ruth		
Mon 3 June	Summer Club Night ride from Anstey Park, 6:30pm start. Faster riders welcome to "take off" for a quicker ride.				
Sun 9 June	Meet 8:00am at the Butts for Mike's annual 100 miler. BBQ at Mike and Rosie's afterwards. Mike (Medium).				
Sun 16 June	Fort Nelson, Portsdown	Rose & Crown, Farringdon	John		Guy
Mon 17 June	Summer Club Night ride from Anstey Park, 6:30pm start. Faster riders welcome to "take off" for a quicker ride.				
Sat 22 June	Alton CC Open 10 starts at 2:00pm. Please support this event or click here to enter.				
Sun 23 June	Fishbourne Roman Villa	French Horn	Caroline	Patrick	
Sun 30 June	The Good Life Café, Kingsworthy	Castle of Comfort, Medstead	Becci	Mike	
Mon 1 July	Summer Club Night ride from Anstey Park, 6:30pm start. Faster riders welcome to "take off" for a quicker ride.				
Sun 7 July	Mud Island GC, Boarhunt	French Horn	John	Charlie	Pete
Sun 14 July	Wellington Country Park, Grazeley	Royal Oak, Lasham			
Mon 15 July	Summer Club Night ride from Anstey Park, 6:30pm start. Faster riders welcome to "take off" for a quicker ride.				
Sun 21 July	Breakfast Ride to Annie's at Kimbridge, near Romsey: 08:00 start at the Butts Click here to see the route on Ride With GPS.				
Sun 28 July	Seale Craft Centre	Three Horseshoes, Worldham	Charlie	Mike	
Sun 4 Aug	Old Forge, Hambledon	Rose & Crown, Farringdon	Ruth		
Sun 11 Aug	Leckford farm Shop	Castle of Comfort, Medstead	Sarah		
Sun 18 Aug	Queen Elizabeth Park	French Horn	John		

Date	Café (10.30-11.00)	Pub (12.30 - 13.00)	Club Ride	Mid-Paced	Fast
Sun 25 Aug	Wickham	Golden Pheasant, Lower Farringdon		Mike	